

DOMESTIC VIOLENCE

NO ONE DESERVES TO BE ABUSED.

LOVE DOESN'T HAVE TO HURT.

**IT IS A CRIME.....
EVEN WHEN COMMITTED BY SOMEONE
YOU LOVE.**

YAVAPAI COUNTY ATTORNEY
VICTIM SERVICES DIVISION

PRESCOTT OFFICE

255 E. Gurley Street
Prescott, AZ 86301
928-771-3485
928-771-3414 (Fax)

VERDE VALLEY OFFICE

2830 N. Commonwealth Drive, Ste. B52
Camp Verde, AZ 86322
928-567-7757
928-567-7754 (Fax)

Victim.Services@yavapai.us



SHEILA POLK

Yavapai County Attorney

RESOURCES



Stepping Stones 928-445-4673

steppingstonesaz.org
Domestic Violence Advocacy
Emergency Shelter Crisis Hotline

Yavapai Family Advocacy Center 928-775-0669

yfac.org
Family Violence Advocacy Domestic
Violence Survivor Support Group

Yavapai County Victim Services 928-771-3485

yavapai.us/coatty/victim-services
Case Status – Court Process

Verde Valley Sanctuary 928-634-2511

verdevalleysanctuary.org
Emergency Shelter
24-hour Crisis Hotline
Legal Advocacy

Does your partner/ family member ever....

- Call you names, criticize you, or put you down?
- Control what you do and whom you see?
- Threaten to hurt you or others?
- Make you feel afraid?
- Threaten to or use weapons or objects against you?
- Hit, kick, shove, or injure you?
- Force or coerce you to engage in unwanted acts? To include sexual acts?
- If you answered YES to any of these questions, you may be in an abusive relationship. Now may be the time to consider ways to make yourself safer.
- When someone with whom you have an intimate relationship uses physical violence, threats, emotional abuse, harassment, or stalking to control your behavior, they are committing domestic violence.

FACTS

- Each year 1 million women suffer nonfatal violence by an intimate.
- It is estimated that within a 12-month period, 4 million adult women in America experience a serious assault by an intimate.
- Violence against women occurs in 20% of dating couples.
- It is estimated that 3.3 million children are exposed to DV each year.

ABUSIVE BEHAVIOR

Is a pattern of behavior that establishes power and control over another person. This is done using fear and intimidation and often includes a threat of violence.

Alcohol, drugs or “stress” do not cause Domestic Violence. The need to control does.

Not all Domestic Violence is physical. It also includes:

- Emotional Abuse
- Economical Abuse
- Sexual Abuse
- Threats
- Using Male Privilege
- Intimidation
- Isolation
- Any other behavior that is used to cause continued fear, intimidation, and power

DV is usually a part of the abuser’s control over you. Control can take the form of forced sex (even if you are married), restrictions on where you go and threats to harm you or others.

DOMESTIC VIOLENCE IS A CRIME

DV is not A “Family Problem”. It is a crime. You have the right to be safe. No one has the right to hit or threaten or verbally abuse you. Children are also hurt emotionally by seeing Domestic Violence.

DV is defined in the law as certain criminal acts committed between persons who live together in the same household (or have lived together in the past); or person who have a child in common or are expecting a child (regardless of whether they have resided together); or persons related in the following ways: Spouse/Former Spouse, Child, Grandparent, Brother/Sister, Grandchild or Parent and now dating relationships.

The crimes defined the law are:

- Assault
- Criminal Damage
- Custodial Interference
- Endangerment
- Imprisonment
- Trespass
- Intimidation
- Kidnapping
- Disorderly Conduct
- Reckless Display of Deadly or Dangerous Weapon or Instrument

SIGNS of Domestic Violence

Ask yourself these questions:

- Have you ever been afraid your partner might hurt you?
- Have you ever been pushed or hit by your partner?
- Does your partner tell you it’s because you deserve it?
- Does your partner try to control:
How you live?
How you look?
How you think?
How you spend money?
- Does your partner always put you down?
- Does your partner always blame you when things go wrong?
- Does your partner often accuse you of “coming on” to other people?
- Does your partner demand sex, even when you say “NO”?
- Do you feel as if you walk on eggshells so your partner won’t get upset?
- Does your partner try to cut you off from your family and friends?

If you answered YES to any of these question you could be victim of Domestic Violence.

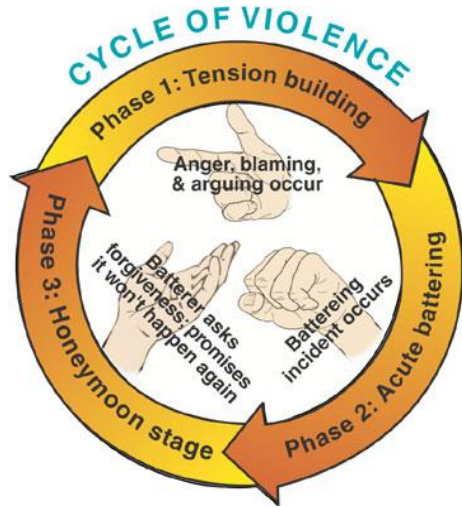
CONTINUUM OF FAMILY VIOLENCE

<u>PHYSICAL</u>	<u>VERBAL EMOTIONAL</u>	<u>SEXUAL</u>
Pushing ▼		
Punching ▼	Name Calling ▼	Unwanted Touching ▼
Slapping ▼	Criticizing ▼	Sexual Name Calling ▼
Kicking ▼	“You’re No Good” ▼	Unfaithful ▼
Throwing Objects ▼	Ignoring ▼	False Accusation ▼
Choking ▼	Yelling ▼	Forced Sex ▼
Using Weapons ▼	Isolation ▼	Hurtful Sex ▼
Homicide/ Suicide ▼	Humiliation ▼	▼
DEATH	SUICIDE	RAPE

Without some kind of intervention, the violence usually becomes worse and more frequent. The end result can be death.

CYCLE OF VIOLENCE

Many Domestic Violence Victims can predict when their next beating will happen. There is a pattern:



(Poor Communication, Frustrations, Stress, Increased Conflicts)

The Tension Building Phase

Tension and anger build up in the abuser. You may find yourself doing whatever you can not to upset him/her.

The Battering Incident

When the abuser can no longer contain their anger and tension they explode. A violent incident occurs. It may include assault, sexual abuse, mental abuse, verbal threats, and damage to property (home or possessions). It may include all of these things.

The Honeymoon Phase

After a Battering Incident, the abuser may feel remorse, guilty, and shame. They may be loving, apologize, and promise never to do it again. They may bring you and/or your children gifts, and life may be all that you dreamed it could be until the *tension builds* again and the cycle continues.

Domestic Violence is Never Justified.
No matter what the situation or problem.

TO BREAK THE CYCLE, YOU MUST TAKE ACTION.

When you feel the explosion coming, get out before it happens, if possible. The decision to leave and when to leave is yours. The safety of you and your children is always important to consider at any stage.

PREPARE AN EMERGENCY PLAN:

- 1) Have an escape route. It saves time if you must leave immediately. It may save your life.
- 2) Rent a Post Office Box or Safe Deposit Box.
- 3) Keep the following items hidden in a safe place or with a trusted friend or relative:
 - a. Extra set of car and house keys
 - b. Important papers including birth certificates, marriage license, bank books, immigration papers, immunization, and school records for the children.
 - c. Title to auto, house, and property.
 - d. E.B.T. card (food stamps).
 - e. Medication needed by you or your children.
 - f. Packed suitcase for you and the children.
- 4) Start saving money right now that you can use when you leave even if it is only a few dollars a week. Remember you are entitled to draw money out of any joint checking or savings accounts.
- 5) Log threats or physical confrontations.
- 6) CREATE A NETWORK OF SUPPORT – family, friends, co-workers, and neighbors who you can turn to for help.

This may seem overwhelming but you can do it, ONE STEP AT A TIME.

MY PERSONAL EMERGENCY PLAN

Use this checklist as a guide. Tear it out and keep it with you. Do not leave it where your batterer may find it. *Do It Now!*

My Escape Route:

Things to do:

1. KEEP THESE ITEMS HIDDEN OR WITH A TRUSTED FRIEND OR RELATIVE:

- _____ Extra set of car keys
- _____ Extra set of house keys
- _____ Birth Certificates for you and kids
- _____ Marriage license
- _____ Bank books
- _____ Social Security card
- _____ Spouse's Social Security Number
- _____ Immunization records for kids
- _____ Titles (auto, home, property)
- _____ E.B.T. card (food stamps)
- _____ Medication needed by you or kids
- _____ Packed suitcase for you and kids
- _____ Log of threats or physical confrontations
- _____ Pictures of evidence
- _____ Medical insurance information
- _____ Other items important to you or kids

2. START SAVING MONEY

Don't forget: *you are entitled* to draw money out of any joint checking or joint savings account.

YOU CAN DO THIS!

ACCESS to HELP

EMERGENCIES	911
National DV Hotline	800-799-7233
National DV Hotline TDD for Deaf	800-787-3224
Az. Coalition Against DV	800-782-6400
Sexual Assault Hotline	800-656-4673
Victim Services Division	
Prescott	928-771-3485
Verde	928-567-7757
SHELTERS	
Stepping Stones	928-445-4673
Verde Valley Sanctuary	928-634-2511
Women's Shelter -Flagstaff	928-774-4503
SERVICES	
Family Advocacy Center	928-775-0669
Catholic Charities	928-778-2531 800-859-2531
Verde	928-634-4254
Salvation Army	928-778-0150
St. Vincent de Paul	928-778-4585
AWEE - AZ Women Education and Employment	928-778-3010
Tony Davis	602-223-4333
WINR- Women in New Recovery	928-717-2188
Legal Aid	928-445-9240
Prescott	800-233-5114
Verde Valley Sanctuary/Legal	928-639-2079
INTERNET SITES	
National Coalition Against DV	WWW.NCADV.ORG
AZ Coalition Against DV	WWW.AZCADV.ORG
Arizona DES Program	WWW.DE.STATE.AZ.US
Women's Law Initiative	WWW.WOMENSLAW.ORG
End Stalking in America	WWW.ESIA.NET
Legal Aid (AZ Law)	WWW.AZLAWHELP.ORG

During a Violent Outburst

The following may help you during an argument:

- Leave/stay away from the kitchen or other rooms that contain weapons.
- Stay out of rooms without exits, like the bathroom or a closet.
- If possible, get to a room with an exit and/or a phone.
- Develop a code word or signal for friends, children, and neighbors to call the police.
- Call **911** or the local emergency number
- Teach your child to call **911**
- Use your instincts.

Need a Protective Order?

If you have been or may become a victim of a domestic violence, you may seek an Order of Protection or Injunction Against Harassment at any Municipal, Justice, or Superior Court. If there are any pending legal actions for maternity, paternity annulment, legal separation, or dissolution of marriage, the protective order may be sought through the Yavapai County Superior Court.

Chino Valley Municipal Court: 928-636-4534
Yavapai County Superior Court: 928-771-3312
<http://courts.yavapai.us/superiorcourt>

Have a Protective Order?

The following tips may help you if you have one:

- Always keep at least one copy of the order with you at all times
- If your abuser violates the order, call 911 or your local police department.
- Give a copy of the order and a picture of your abuser to security at your job or school

If children are included on the order, give a copy of the order to their school, daycare, or babysitter.

YAVAPAI COUNTY SHERIFF'S OFFICE

In case of emergency call: **911**

When calling 911 from a cell phone give your location to the call-taker immediately.

Non-Emergency Dispatch **928-771-3260**

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